**CSWPC SWIMMING RECORDS**

**(25m Pool unless stated)**

**Ladies**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 33.3m | Freestyle | 17.32 | H. McCarthy | 2011 | Club Championships |
| 50m | Freestyle | 25.10\* | H. McCarthy | 2014 | Cardiff International Open Meet |
| 100m | Freestyle | 54.60\* | H. McCarthy | 2014 | Commonwealth Games, Glasgow |
| 200m | Freestyle | 2:04.70\* | H. McCarthy | 2013 | City of Sheffield Premier Meet, Sheffield |
| 400m | Freestyle | 4:25.90\* | S. Tebbs | 2013 | SWRASA Champs |
| 800m | Freestyle | 9:17.34 | H. McCarthy | 2010 | Glos. County ASA Champs |
| 1500m (SC) | Freestyle | 17:54.73 | H. McCarthy | 2010 | Glos. County ASA Champs |
| 1500m (LC) | Freestyle | 18:59.04 | K. Nimmo | 2009 | Sandford Lido |
| 50m | Backstroke | 29.96 | H. McCarthy | 2011 | Glos. County ASA Champs |
| 100m | Backstroke | 1:05.73 | H. McCarthy | 2010 | ASA Inter-County Champs |
| 200m | Backstroke | 2:24.53 | E-K. Tapsell | 2001 | Glos. County ASA Champs |
| 50m | Breaststroke | 34.70\* | A. Rawlings | 2015 | City of Sheffield Premier Meet |
| 100m | Breaststroke | 1:15.24 | A. Rawlings | 2015 | Glos. County ASA Champs |
| 200m | Breaststroke | 2:43.60\* | A. Rawlings | 2015 | City of Sheffield Premier Meet |
| 50m | Butterfly | 28.20\* | H. McCarthy | 2012 | Celtic Tri-Nations Meet, Dublin |
| 100m | Butterfly | 1:04.58 | H. McCarthy | 2011 | Glos. County ASA Champs |
| 200m | Butterfly | 2:28.51 | I. Compton | 2015 | Glos. County ASA Champs |
| 100m | IM | 1:05.83 | H. McCarthy | 2012 | Glos. County ASA Champs |
| 200m | IM | 2:25.90\* | S. Tebbs | 2013 | SWRASA Champs |
| 400m | IM | 5:08.46 | I. Compton | 2015 | Glos. County ASA Champs |

**Men**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 33.3m | Freestyle | 15.59 | J. Robins | 2005 | Club Champs |
| 50m | Freestyle | 22.70\* | W. Cannon | 2014 | BG ASA Youth & MC C’Ships 2014 |
| 100m | Freestyle | 51.10\* | W. Cannon | 2014 | Portsmouth Northsea Easter Swim Festival |
| 200m | Freestyle | 1:53.89 | L. Bridgman | 2008 | Club Champs |
| 400m | Freestyle | 4:05.36 | L. Bridgman | 2008 | Glos. County ASA Champs |
| 800m | Freestyle | 8:35.41 | L. Bridgman | 2008 | Glos. County ASA Champs |
| 1500m (SC) | Freestyle | 16:20.31 | L. Bridgman | 2007 | Glos. County ASA Champs |
| 1500m (LC) | Freestyle | 17:03.90 | L. Bridgman | 2008 | Sandford Lido |
| 50m | Backstroke | 27.70\* | W. Cannon | 2014 | Cardiff International Open Meet |
| 100m | Backstroke | 1:00.40 | R. Wilson | 1999 | Western Counties ASA Champs |
| 200m | Backstroke | 2:11.00 | R. Wilson | 2000 | Open Meet |
| 50m | Breaststroke | 30.00\* | D. Taylor | 1998 | Commonwealth Games Trials |
| 100m | Breaststroke | 1:06.74 | D. Taylor | 1998 | ASA Inter-County Champs |
| 200m | Breaststroke | 2:23.90\* | D. Taylor | 1997 | Age Group Nationals |
| 50m | Butterfly | 23.40\* | W. Cannon | 2014 | British Gas Championships 2014 |
| 100m | Butterfly | 54.70\* | W. Cannon | 2014 | BUCS Long Course 2014 |
| 200m | Butterfly | 2:12.82 | T. Howells | 2011 | Club Champs |
| 100m | IM | 1:00.49 | D. Fletcher | 1998 | FINA World Cup Meet |
| 200m | IM | 2:12.87 | C. Powell | 2014 | Glos. County ASA Champs |
| 400m | IM | 4:49.28 | C. Powell | 2015 | Glos. County ASA Champs |

(\* converted from 50m pool)

IF any CSWPC swimmer, past or present, believes they have bettered any of the above times WHILE A CLUB MEMBER please contact swim@cswpc.co.uk